

FAMILY NAME: _____



CLUB NAME: _____

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2020-2021 SUNFLOWER EXTENSION DISTRICT 4-H PROJECT LITERATURE REQUEST

(on the line of each item, put the number of copies per FAMILY that you want)

BEEF

Beef Bucket Calf (BF100)

_____ 8143 Bite Into Beef (ages 7-10)

Market Beef (BF200)

_____ 8144 Here's the Beef (ages 11-13)

Breeding Beef (BF201)

_____ 8145 Leading the Charge (ages 14+)

Beef: Leader

_____ 8146 Beef Helper's Guide

To find additional resources visit:

<https://www.kansas4-h.org/projects/animal-science/beef.html>

CITIZENSHIP

Citizens

For additional information:

<https://www.kansas4-h.org/projects/personal-development/civic>

CLOTHING & TEXTILES

Clothing Construction, Beginning

_____ 8060 Sewing Expressions Under Construction (ages 8-10)

Clothing Construction, Intermediate/Advanced

_____ 8061 Sewing Expressions Fashion Forward (ages 11-13)

Clothing Construction, Senior Advanced

_____ 8062 Sewing Expressions Refine Design (ages 14+)

Project Leader Resources

_____ 8063 Sewing Expressions Helper's Guide

Clothing Buymanship

Shopping in Style - Nebraska Extension

To find additional resources visit:

<https://www.kansas4-h.org/projects/family-and-consumer-scienc>

COMMUNICATIONS

Intermediate (CM200)

_____ 8157 Putting it Together (ages 11-13)

Advanced (CM300)

_____ 8158 The Perfect Fit (ages 14+)

To find additional resources visit:

<https://www.kansas4-h.org/projects/personal-development/com>

DAIRY CATTLE

Dairy Bucket Calf (DC100)

8161 Cowabunga! (ages 7-10)

Dairy Heifer (DC200)

8162 Mooving Ahead (ages 11-13)

Dairy Cow (DC300)

8163 Rising to the Top (ages 14+)

Project Leader Resources

8164 Dairy Cattle Helper's Guide

To find additional resources visit:

<https://www.kansas4-h.org/projects/animal-science/dairy-cattle.l>

DAIRY GOATS

Dairy Goats (GD100)

8352 Getting Your Goat (ages 7-10)

8353 Stepping Out (ages 11-13)

8354 Showing the Way (ages 14+)

Project Leader Resources

8355 Dairy Goat Helper's Guide

To find additional resources visit:

<https://www.kansas4-h.org/projects/animal-science/dairy-goats.l>

DOG CARE & TRAINING

Dog Care & training (DG100)

8166 Wiggles 'n Wags (ages 7-10)

8167 Canine Connection (ages 11-13)

8168 Leading the Pack (ages 14+)

Project Leader Resources

8169 Dog Helper's Guide

To find additional resources visit:

<https://www.kansas4-h.org/projects/animal-science/dog/index.ht>

ELECTRICITY/ELECTRONICS

Electric (EL100)

6848 Magic of Electricity (ages 9-10)

Wired for Power / Not available

6851 Entering Electronics (ages 16+)

Project Leader Resources

6852 Electricity Excitement Helper's Guide

To find additional resources visit:

<https://www.kansas4-h.org/projects/stem-science-technology-en>

ENTOMOLOGY

Entomology (EN100)

_____	8440	Teaming with Insects: Entomology Level 1 (grades 3-5)
_____	8441	Teaming with Insects: Entomology Level 2 (grades 6-8)
_____	8442	Teaming with Insects: Entomology Level 3 (grades 9-12)

Project Leader Resources

_____	8443	Teaming with Insects: Faciliator's Guide
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To find additional resources visit:

<https://www.kansas4-h.org/projects/agriculture-and-natural-reso>

ENVIRONMENTAL SCIENCES

Environmental Science (EV100)

_____	8411	Exploring Your Environment: Earth's Capacity (ages 11-13)
_____	8410	Exploring Your Environment: Ecosystem Services (ages 11-13)

Project Leader Resources

_____	8412	Exploring Your Environment: Helper's Guide
_____	4H1001M	Exploring Kansas Natural Resources

To find additional resources visit:

<https://www.kansas4-h.org/projects/agriculture-and-natural-reso>

EXPLORING 4-H

Exploring 4-H (EX100)

National Curriculum

<https://4-h.org/parents/curriculum/exploring-treasures-of-4-h/>

FAMILY STUDIES

Consumer Skills (FS100)

_____	08030DD	Consumer Savvy - The Consumer in Me (ages 7-10)
_____	202024	Financial Champions - Money FUNdamentals (ages 7-9)
_____	202025	Financial Champions - Money Moves (ages 7-9)
_____	08389DD	Reading Makes Cents (ages 10-12)
_____	08031DD	Consumer Savvy - Consumer Wise (ages 11-13)
_____	08032DD	Consumer Savvy - Consumer Roadmap (ages 14+)

Child Development (FS101)

_____	08075DD	Kids on the Grow - Growing on my Own (ages 7-10)
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Family (FS102)

_____	08076DD	Kids on the Grow - Growing with Others (ages 11-13)
_____	08077DD	Kids on the Grow - Growing in Communities (Ages 14+)

Project Leader Resources

_____	08033DD	Consumer Savvy Helper's Guide
_____	08078DD	Child Development Helper's Guide
_____	202026	Financial Champions Helper's Guide

To find additional resources visit:

<https://www.kansas4-h.org/projects/family-and-consumer-scienc>

FIBER ARTS

Crochet (FA101)	4H854CO	Crochet Member's Manual
Knitting (FA102)	PDF 4H855CO	Beginning to Knit Knitting Member's Manual
Needle Arts (FA103)	4H856CO	Needle Arts Member's Manual
Patchwork & Quilting (FA104)	4H857CO	Patchwork & Quilting Member's Manual
Rug Making (FA105)	4H858CO	Rug Making Member's Manual
Spinning (FA106)	4H859CO	Spinning Member's Manual
Weaving (FA107)	4H860CO	Weaving Member's Manual
Ethnic Arts (FA108)	4H861CO	Ethnic Arts Member's Manual
Macramae (FA109)	4H862CO	Macramae Member's Manual

To find additional resources visit:

<https://www.kansas4-h.org/projects/family-and-consumer-scienc>

FOODS & NUTRITION

Beginner	4-H Cooking 101	PDF Download
Intermediate	4-H Cooking 201	PDF Download
Advanced	4-H 301	PDF Download
Senior Advanced	4H1074M	4-H Cooking 401
General Foods & Nutrition Resources	4H998M	Food Culture & Reading (ages 9-11)
Project Leader Resources	4H998M	Food Culture & Reading Helper's Guide (ages 9-11)

To find additional resources visit:

<https://www.kansas4-h.org/projects/family-and-consumer-scienc>

Geology

Additional Links:

<https://www.kansas4-h.org/projects/agriculture-and-natural-reso>

HEALTH & WELLNESS

Bicycle (HL100)

_____	8334	Bicycling for fun (ages 7-10)
_____	8335	Wheels in Motion (ages 11-13)

Health (HL101)

_____	8174	First Aid in Action (ages 7-10)
_____	8175	Staying Healthy (ages 11-13)
_____	8176	Keeping Fit (ages 14+)

Outdoor Adventures (HL102)

_____	8043	Hiking Trails (ages 7-10)
_____	8044	Camping Adventures (ages 11-13)
_____	8045	Backpacking Expeditions (ages 14+)

Recreation (HL103)

_____	PDF	So You are Recreation Leader of Your Club
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General Health & Wellness Resources

_____	4H969M	Health Rocks Level 1 (ages 8-12)
_____	4H970M	Health Rocks Level 2 (ages 12-14)

Project Leader Resources

_____	8336	Bicycle Group Helper's Guide
_____	8046	Outdoor Helper's Guide
_____	PDF	4-H ATV Safety Resource Page

To find additional resources visit:

<https://www.kansas4-h.org/projects/family-and-consumer-scienc>

HOME ENVIRONMENT

Home Environment (HE100)

<https://www.kansas4-h.org/projects/family-and-consumer-scienc>

HORSE

Horse (HO100)

Horseless Horse (HO101)

_____	01518Y	Giddy Up & Go (ages 7-8)
_____	01519Y	Head, Heart, and Hooves (ages 9-11)
_____	01520Y	Stable Relationships (ages 12-14)
_____	01521Y	Riding the Range (ages 12-14)
_____	01522Y	Jumping to New Heights (ages 15+)

Project Leader Resources

_____	01523F	Horse Helper's Guide
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To find additional resources visit:

<https://www.kansas4-h.org/projects/animal-science/horse/index>

LEADERSHIP

Project Leader Resources

_____	7903	Leadership Mentor Guide 1 (ages 7-10)
_____	7904	Leadership Mentor Guide 2 (ages 11+)

To find additional resources visit:

<https://www.kansas4-h.org/projects/personal-development/lead>

MEAT GOATS

Meat Goats (GM100)

_____	7909	Just Browsing (ages 7-10)
_____	7910	Get Growing with Meat Goats (ages 11-13)
_____	7911	Meating the Future (ages 14+)

Project Leader Resources

_____	7912	Meat Goat Helper's Guide
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To find additional resources visit:

<https://www.kansas4-h.org/projects/animal-science/meat-goats.l>

PERFORMING ARTS

Performing Arts (PA100)

<https://www.kansas4-h.org/projects/animal-science/meat-goats.l>

PETS

Pets

_____	6359	Pet Pals (ages 7-10)
_____	6360	Scurrying Ahead (ages 11-13)
_____	6361	Scaling the Heights (ages 14+)

Cats

_____	8148	Purr-fect Pals (ages 7-10)
_____	8149	Climbing Up! (ages 11-13)
_____	8150	Leaping Forward (ages 14+)

Project Leader Resources

_____	6362	Pet Helper's Guide
_____	8151	Cat Helper's Guide

To find additional resources visit:

<https://www.kansas4-h.org/projects/animal-science/pets.html>

PHOTOGRAPHY

Photography (PH100)

_____	01902Y	Photography Level 1: Photgraphy Basics
_____	01903Y	Photography Level 2: Next Level Photography
_____	01904Y	Photography Level 3: Mastering Photography

To find additional resources visit:

<https://www.kansas4-h.org/projects/creative-arts/photography.h>

PLANT SCIENCES

<https://www.kansas4-h.org/projects/agriculture-and-natural-reso>

POULTRY

Poultry (PT100)

_____	6363	Scratching the Surface (ages 7-10)
_____	6364	Testing Your Wings (ages 11-13)
_____	6365	Flocking Together (ages 14+)

To find additional resources visit:

<https://www.kansas4-h.org/projects/animal-science/poultry.html>

RABBITS

Rabbits (RA100)

_____	8080	What's Hopping? (ages 7-10)
_____	8081	Making Tracks (ages 11-13)
_____	8082	All Ears (ages 14+)

Project Leader Resources

_____	8083	Rabbit Helper's Guide
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To find additional resources visit:

<https://www.kansas4-h.org/projects/animal-science/rabbits.html>

READING

Reading (RD100)

_____	08389DD	Reading Makes Cents
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To find additional resources visit:

<https://www.kansas4-h.org/projects/personal-development/read>

SELF-DETERMINED

Self-Determined (SD100)

<https://www.kansas4-h.org/projects/personal-development/self-d>

SHEEP

Market Lamb (SH100) & Breeding (SH200)

_____	6367	Lambs, Rams, and You (ages 7-10)
_____	6368	Shear Delight (ages 11-13)
_____	6369	Leading the Flock (ages 14+)

Project Leader Resources

_____	6370	Sheep Helper's Guide
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To find additional resources visit:

<https://www.kansas4-h.org/projects/animal-science/sheep.html>

SHOOTING SPORTS

<https://www.kansas4-h.org/projects/agriculture-and-natural-reso>

SPACE TECH

Rocketry (ST100)

_____	6842	Pre-Flight (ages 7-9)
_____	6843	Lift Off (ages 9-11)
_____	6844	Reaching New Heights (ages 12-14)
_____	6845	Pilot in Command (ages 15+)

Robotics (ST102)

_____	8431	Give Robots a Hand (ages 7-9)
_____	8432	Robots on the Move (ages 10-12)
_____	8433	Mechatronics (ages 13+)

To find additional resources visit:

<https://www.kansas4-h.org/projects/stem-science-technology-en>

SWINE

Market Swine (SW100)

_____	8065	The Incredible Pig (ages 7-10)
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Breeding Swine (SW200)

_____	8066	Putting the Oink in Pig (ages 11-13)
_____	8067	Going Whole Hog (ages 14+)

Project Leaders Resources

_____	8068	Swine Helper's Guide
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To find additional resources visit:

<https://www.kansas4-h.org/projects/animal-science/swine.html>

VISUAL ARTS

Visual Arts (VA100), Ceramics (VA200), Leather Craft (VA201), Other (VA202)

_____	8140	Sketchbook Crossroads (ages 7-10)
_____	8141	Portfolio Pathways (age 11-13)

To find additional resources visit:

<https://www.kansas4-h.org/projects/creative-arts/visual-arts.htm>

WILDLIFE

Sportfishing (WL101)

_____	7598	Take the Bait (ages 7-10)
_____	7599	Reel in the Fun (ages 11-13)

To find additional resources visit:

<https://www.kansas4-h.org/projects/agriculture-and-natural-reso>

WOODWORKING

Woodworking, WW100

_____	6875	Measuring Up (ages 7-8)
_____	6876	Making the Cut (ages 9-11)
_____	6877	Nailing it Together (ages 12-14)
_____	6878	Finishing Up (ages 15+)

Project Leader Resources

_____	6879
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To find additional resources visit:

Google Drive Link on Page 9

Google Drive Link - https://drive.google.com/file/d/1eu5QpUk2auV_ZgYabmIuIMskV7FBOgVZ/view?usp=sh

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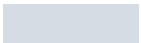
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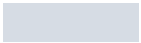
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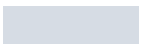
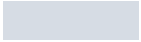
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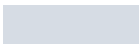
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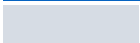
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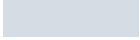
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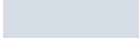
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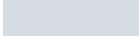
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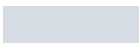
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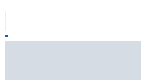
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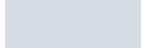


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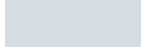
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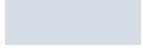


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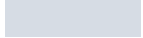


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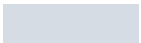


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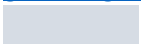
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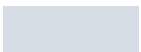
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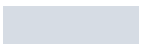
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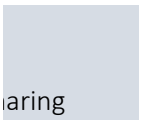
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